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THE EVENT THAT CAN CHANGE YOUR LIFE

OVER SIXTY INFORMATIVE & INSPIRING SPEAKERS



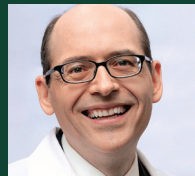
Brenda Davis, RD
Lead Dietician in a major diabetes reversal project in the Marshall Islands, author of *Defeating Diabetes*, *Becoming Raw* and *Becoming Vegan*



Hans Diehl, DPHSc, MPH, FACN
Founder of the Lifestyle Medicine Institute and Clinical Professor in the Department of Preventive Medicine at Loma Linda University's School of Medicine



Joel K. Kahn, MD
Vegan Preventive Cardiologist; author of *The Whole Heart Solution: Halt Heart Disease Now with the Best Alternative and Traditional Medicine*



Michael Greger, MD
Author of the best selling book *How Not to Die: Discover the Foods Scientifically Proven to Prevent and Reverse Disease*; founder NutritionFacts.org



Lani Muelrath, MA
Author of *The Plant-Based Journey: A Step-by-Step Guide for Transitioning to a Healthy Lifestyle and Achieving Your Ideal Weight*; Fitness Nutrition Specialist



Dr. Richard Oppenlander
Author of the award winning books, *Food Choice and Sustainability: Why Buying Local, Eating Less Meat, and Taking Baby Steps Won't Work* and *Comfortably Unaware*

The place to learn about healthy vegan living!

MEET OTHERS OF LIKE MIND

Over 700 attendees of all ages, from beginners to seasoned vegetarians; singles, couples and families. An ideal setting for building lasting friendships! Social gatherings for everyone.

FUN FOR EVERYONE!

Music, humor, dancing, games and much more!

CUTTING EDGE EDUCATIONAL SESSIONS

Health and Nutrition ★ Food Demonstrations ★ Lifestyle Issues ★ Animal Rights ★ Exercise ★ Fitness ★ Earth Stewardship ★ Compassionate Living

DELICIOUS WHOLE FOOD VEGAN MEALS

Our meals are designed to accommodate a variety of diets, with gluten-free and raw food options. Prepared under the direction of award winning Chef Mark Reinfeld of Vegan Fusion.

ENLIGHTENING SPEAKERS

Doctors, dietitians, chefs, authors, social activists and other educators will share their knowledge and experience.

*"Summerfest is excellent!
I can't believe it's taken me
half my life to experience it."*

- R.B. (NY)



July 6 - 10 ★ Johnstown, PA

VEGETARIAN 20
SUMMERFEST 16

42nd Annual Conference of the North American Vegetarian Society

vegetariansummerfest.org or call (518) 568-7970

Scan the QR Code
to learn more about
Vegetarian Summerfest



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